As a matter of fact, myopia patients who choose to wear glasses often times find more myopia prescription in next eye exam. Therefore, here comes the question about the validity of spectacle wear for myopia. Some myopia patients decide not to wear glasses for the fear of glasses can make their eyes get worse. Unfortunately, that most likely does the opposite. Myopia often times progress faster in individuals who choose not to correct myopia.

Clear comfortable vision at all time is one of the keys in myopia control. Glasses do provide much clearer views than without, however, not clear and stable enough vision for myopia control purpose. Ortho K lens wearer has clearer peripheral vision than spectacle wearer and vision is guaranteed during the day. Myopia kids can take glasses off at any time, which results in blurriness that parents have no control of.